

# Gastrointestinal Specialists of Georgia

Formerly Digestive Care Associates and Northwest Georgia Gastroenterology Associates

David Finkelman, MD, MBA, President/CEO

Arif A. Aziz, MD	David C. Ballard, III, MD	Francisco J. Cardenas, MD	Anish A. Desai, MD	William C. Fortson, MD
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Kimberly Clay, APRN	Paula Guenther, NP-C	Michelle Lovett, NP-C	Stacie M. Nelson, ANP	Denise Scott, NP-C
Linda S. Stariha, NP-C	Lynn Wilkins, NP-C			

## Rectal Endoscopic Ultrasound

**Location:** Kennestone Hospital Main St. 14—GI Lab

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Shopping List:** (items available over the counter at any drug store)

- ❖ **2 Fleet Enemas**

**The Day Before your procedure:**

- ❖ **Stay on a clear liquid starting 6pm.**
- ❖ Before bedtime, use one (1) Fleet enema.

**Clear Liquid Diet:**

<b>FRUIT</b>	All clear fruit juices such as apple, white grape, etc. Avoid thick juices such as pineapple juices or with pulp such as orange juice.
<b>BEVERAGES</b>	Carbonated drinks such as Coke, Sprite, Gingerale, Strained Lemonade, Kool-Aid, Gatorade, Coffee, Tea or decaffeinated coffee with sugar, <b><u>no cream.</u></b>
<b>SOUPS</b>	Clear Chicken or Beef broth, <b><u>no noodles, rice or vegetables.</u></b>
<b>DESSERTS</b>	Any flavor Jello ( <b>no red jello</b> such as cherry or strawberry), popsicles ( <b>no red popsicles</b> ), frozen ices such as “slushies”, sno-cones, “slurpies”, etc. Hard sugar candy.
<b>SEASONING</b>	Salt
<b>NO MILK PRODUCTS</b>	
<b>AVOID RED DYES IN FOOD/DRINK</b>	

**The Day of your procedure:**

- ❖ use one (1) Fleet enema before leaving for your appointment.

Please call Marie at 678-819-4240, for questions or concerns.

**BUSINESS OFFICE:** 1700 Hospital South Dr., Suite 502, Austell, GA 30106 TELEPHONE: (678) 741-5000

For your convenience you may still contact us at:

(770) 739-9555 for Austell, Douglasville, Paulding and Lithia Springs offices FAX: (770) 941-2109  
(770) 429-0031 for Kennestone, East Cobb, and Woodstock offices FAX: (678) 819-4279