

## Anorectal Manometry

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Your appointment is at: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

**The following are instructions for your procedure. Please follow the instructions carefully.**

1. You will be able to drive yourself home after the study.
2. Give yourself Two (2) Fleet enemas 2 hours prior to your study. You can purchase the Fleet enema from a pharmacy or supermarket.
3. You should not eat anything during the two hours prior to the procedure. If you are diabetic, this may involve you adjusting your diabetic medications.
4. You may take regular medications with small sips of water at least Two (2) hours prior to the study.

**Below is a link to a useful video that will answer a vast majority of questions:**

<https://youtu.be/vxpkXiYcgU>

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If you have any further questions please call our office:

GI Specialists of Georgia, PC (678) 741-5000