

## Motility / Manometry Study

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**The following are instructions for your procedure. Please follow the instructions carefully.**

1. You will be able to drive yourself home after the study.
2. If your study is scheduled for the morning, do not eat or drink anything after midnight.
3. If your study is scheduled in the afternoon, you may have liquids until 8:00a.m., then do not eat or drink anything until after your appointment.
4. You will be staying for approximately 1 – 2 hours to complete the test.
5. If you have questions, please contact one of the locations listed below.

### **Instructions for Medication:**

1. Do not take the following medications 24 hours before the test:
  - a. Bentyl, Donnatel, Probanthine, Reglan or Urecholine
2. All other medications, such as blood pressure or heart medicines, can be taken as you would normally take them.

### **What you can expect:**

A small flexible tube will be placed through the nose down to the stomach. This tube will not interfere with your breathing. The tube is made to measure the pressure in the different parts of your esophagus (food tube). You will be asked to sip small amounts of water during the test. The test results are recorded on paper and given to your doctor for interpretation.

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**If you have any further questions, please contact the location where your study is scheduled:**

Cobb GI Lab - Melissa Krause (470) 732-3873  
Douglas GI Lab - Susan Beasley (770) 920-6346  
Kennestone GI Lab - Laura Friedman (770) 793 - 5864

Or call our office:

**GI Specialists of Georgia (678) 741-5000**