

EGD PREP


The following instructions are your physician's specific instructions. Please follow the instructions carefully to ensure a successful prep.

You can reach Your Patient Advisor with non-medical prep questions at: **800.349.0285**

You can reach your physician's office at: **678.741.5000**

Special Notes: If you have major health problems or a pacemaker, you should discuss your health history with the anesthesiologist at the center. Please contact them as soon as possible by calling your assigned center.

2550 Windy Hill Rd., Suite 302, Marietta (770-226-9070) | 118 Mill St., Suite 100, Woodstock (678-819-4281)
880 Crestmark Dr., Suite 102, Lithia Springs (678-388-2040)

7 days prior to procedure	1 day prior to procedure	Day of procedure
<p>STOP: Iron supplements or any multi-vitamins containing iron.</p> <p>Please review your medications for any blood thinners (Plavix, Arixtra, Aggrenox, Coumadin, Warfarin, Xarelto, Effient, Eliquis Pradaxa, Pletal, Brilinta and others). Please stop these medications as previously instructed. If you have not received instructions on managing these medications contact our office immediately.</p>	<p>Eat a light evening meal. You may drink clear liquids up to 3 hours to your procedure.</p> <div style="text-align: center;">  </div> <p>DO NOT EAT OR CHEW ANYTHING AFTER MIDNIGHT, UNTIL AFTER YOUR PROCEDURE.</p> <p>Confirm arrangements with your driver.</p> <p><i>*If you are on long acting insulin, take only a half dose the evening before your procedure.</i></p> <p>Use of illicit drugs including Marijuana/THC within 24 hours of procedure could result in cancellation.</p>	<p>You may consume clear liquids up to 3 hours prior to procedure.</p> <p>NO SOLID FOOD, CHEWING GUM, HARD CANDY OR CHEWING TOBACCO until after your procedure.</p> <p>YOU MAY BRUSH YOUR TEETH BUT DO NOT SWALLOW</p> <p><u>Do not take any insulin or diabetic medications the morning on your procedure, unless instructed by your provider.</u></p> <p><i>*Take prescribed medications with a small sip of water (with the exception of insulin and other diabetic medications) at least 3 hours prior to your procedure.</i></p>

***Clear Liquid Diet Details:**

NO DAIRY, NO RED, PURPLE or ORANGE.

Approved

Sodas, coffee, tea
Clear juices, fitness waters
Chicken, vegetable and beef broth
Gelatin
Popsicles without pulp

Avoid

No milk/dairy
No juices with pulp
NO RED PURPLE OR ORANGE.



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THE DAY OF THE PROCEDURE

- You are on a clear liquid diet up to 3 hours before your procedure
- **DO NOT have anything by mouth 3 hours prior to your procedure (this includes water, gum, candy, chewing tobacco, snuff or food items).**
- **EXCEPTION:** If there are prescribed medications that you **NEED** to take the morning of the procedure, please do so with a small sip of water **AT LEAST 3 hours prior** to your procedure. Do not take **anything** by mouth starting 3 hours prior to your procedure.
- **DIABETICS:** Do not take **ANY** insulin or oral diabetic medication the morning of your procedure, unless otherwise directed by your gastroenterologist.
- Use of illicit drugs including Marijuana/THC within 24 hours of procedure could result in cancellation.
- If you use an inhaler, bring it with you to your procedure.
- If you wear contacts, be prepared to remove them or wear glasses.
- Please do not wear jewelry (including body piercings) or wear lotion to the center.
- Plan to be at the facility for 3-4 hours.

This procedure requires sedation and a driver (age 18 or over) must accompany you to your appointment. The person who is driving you home must remain at the facility while your procedure is being performed so that they are available to receive discharge instructions and pertinent medical information, as well as possibly assist you with dressing. You may not go home in a taxi, rideshare (Uber/Lyft), or take public transportation. The sedation you will receive will prevent you from driving safely or working the day of your procedure. Following your procedure, do not drive, operate heavy machinery or sign legal documents for 24 hours. **NO DRIVER = NO PROCEDURE.**

If you have any questions or concerns about the preparation, please contact Your Patient Advisor by calling 800-349-0285 or emailing support@yourpatientadvisor.com.